

# INSPIRE BUBBLE CAFÉ

## Valentines Day Celebration!

Tuesday 14<sup>th</sup> February 7pm – 10.30pm. Enjoy an exquisite evening out with a partner or loved one at Inspire Bubble Café for an evening of "love". £15 per head.

*Pre-booking is essential call Carol on 07939161385 or 0161 850 5717 to book in advance.*

**Welcome drink on Arrival** - Choice of Champagne, Bucks Fizz or Orange Juice

**Starter** - Melon Balls With Fruity Coulis **Or** Hearty Homemade Butternut Squash Soup with bread roll

**Main** - Succulent Breast of Chicken accompanied by Home made gravy

**Or** Fillet of Salmon accompanied by a rich and creamy Hollandaise Sauce

**Or** Vegetarian Nut Roast . All served with seasonal vegetables and golden roasted potatoes

**Desserts** – Vanilla cheesecake, drizzled with homemade fruit dressing

**or** Warm and rich chocolate slice . Both served with Cream or Ice Cream

Followed by Tea or Coffee and a chocolate truffle



## BUBBLE BUSINESS CENTRE

...more than just an office

Bubble Business Centre is a community business hub providing flexible office and hot desk solutions for new & small enterprises in the heart of Levenshulme.

**Hot Desk Packages start from only £40 per month for 40 hours!**

**Inclusive to all packages** – High Speed Broadband, Inclusion on BBC promotions (where appropriate), Inclusion on mailing lists for events etc.

**Additional Services** – Registered Office Service, Telephone Landline Rental, Meeting Room Hire, Photocopying and Scanning

## BUBBLE ENTREPRENEURS NETWORK

Bubble Entrepreneurs Network continues to support development of business ideas, businesses, create promotion and marketing opportunities and provides the opportunity for entrepreneurs to support one another.

**Wednesday 29<sup>th</sup> February, 5.30pm – 7.30pm**

**Wednesday 28<sup>th</sup> March, 5.30pm – 7.30pm**

This event is free but please confirm your attendance to [mm@bubbleenterprises.co.uk](mailto:mm@bubbleenterprises.co.uk)

Sign up for the Inspire e-newsletter to get the latest updates on new Activities and events. Visit the Inspire website [www.lev-inspire.org.uk](http://www.lev-inspire.org.uk) and enter your e-mail address to subscribe.



**Inspire Centre, 747 Stockport Rd, Levenshulme. M19 3AR**

[www.lev-inspire.org.uk](http://www.lev-inspire.org.uk) / 0161 850 5717

# WHAT'S ON



**FEB & MARCH**

**2012**

## Events

**VALENTINE'S MARKET FAIR:** Saturday 4<sup>th</sup> February 12noon – 4pm. Unique and original gifts for him & her at this special market fair. Miss it: miss out!

**FAIRTRADE MARKET FAIR:** Saturday 3<sup>rd</sup> March 12 noon – 4pm. To book a stall please contact Anne Priest at [inspirecraftfair@gmail.com](mailto:inspirecraftfair@gmail.com).

**FILM MEAL DEALS:** Levenshulme Film Club brings you "Inception" (12a) Friday 10<sup>th</sup> February. Panini/Pizza, Wedges & Salad plus a glass of wine/bottle of beer/Hot drink all included with the ticket price! £7.50 Per person. Meal deal from 6pm – 7.30pm, Film begins at 7.30pm. Drinks available afterwards.

**NEW CAFÉ OPENING TIMES:** Now open Friday evenings. The café has now changed its opening times and will be open Mon – Thurs 8.30am – 6pm, Friday 8.30am – 10.30pm, Saturday 9am – 4pm and Sunday 11.30am – 3.30pm.

**Inspire Centre, 747 Stockport Rd, Levenshulme. M19 3AR**

[www.lev-inspire.org.uk](http://www.lev-inspire.org.uk) / 0161 850 5717

## WORSHIP

**Jesus & Community** - Throughout Feb and Mar Inspire Church will explore the lives of Jesus and his followers as recorded in the Gospel of Mark. Some of the big themes we will explore include: drama, dissent and discipleship. All services at 10am. Everybody's Welcome - believers, doubters and the just plain curious! For details see website: [inspirechurch.co.uk](http://inspirechurch.co.uk).

**Abigail Ministry:** a support and prayer group for both married and unmarried women. Thurs 23<sup>rd</sup> Feb, 7pm - 9pm. Discussion and prayer which aims to support personal development to enhance our relationships. All women of faith or of no faith are welcome. For more info call Janet on 07931 633 046.

**Sisters of Strength:** weekly session of prayer, enlightenment & fun. Call Vivian on 07954369774. Every Fri 7-9pm.

## MUSIC EVENINGS

**George Borowski and the Fabulous Wonderfols:** George is back Thursday 23<sup>rd</sup> February. Doors open from 7.30pm. Tickets £5 in advanced. £7 on the Night. Café open for drinks and more.

**Darren Poyzer Gig:** Darren Poyzer is live at Inspire with "25 years of love and hat!" Friday February 17<sup>th</sup> 7.30pm. Tickets 2 for £5! Or £5 on the night per person. Café open for drinks and more.

**Music For Hard Times:** Friday 24<sup>th</sup> February 7.30 pm. Tickets £3.50 on the door. Café will be open to serve drinks and more!



# WHAT'S ON FEBRUARY & MARCH 2012 YOUTH

LEVENSHULME  
INSPIRE



**\*\*NEW\*\* Levy Youth Group:** Every Tuesday, 7pm – 9pm. Ages 11 to 19. Come along to club for music, games and to spend time with friends. Hosted in conjunction with Levenshulme Community Association. For more information text Sarah on 07929651447.

**Humjoli Young Women's Youth Group:** Weds and Thurs 5.30pm – 8pm. Ages 10 – 18. Keep fit classes, embroidery and more! Call Nadia on 07508296712 for more information.

**Elite Talent Theatre:** Saturdays 9am - 11.30 am. For more information call Sally Lawton on 07714994819

**Sparklers Drama Group:** Every Monday, 4.30pm - 5.30pm. £2.50 per child, or £3.50 for family. Theatre aged 7-11 Call Charlotte on 0161 221 1438 to book a spot.

**Children's Film Club:** Last Saturday of the month Feb 25<sup>th</sup> and Mar 24<sup>th</sup>. £2 per child including drinks and snacks.

## COMMUNITY LEARNING

**Djembe Drum Classes:** Beginners bongo drum classes. Every Monday 8pm – 9pm. Limited places available so call Paul on 07932610852 to book. £5 per session and £1 drum hire.

**Web Design Class:** Want to learn how to create your own web page? Web Design Classes are back on 7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup> of March to teach you how using Wordpress. For more call Dave on 0161 408 5221 or email at [hello@audiomint.co.uk](mailto:hello@audiomint.co.uk)

**Beginners Italian Conversation Classes** – Italian classes Mondays 6.30pm – 7.30pm. £5 per person. Just turn up.

**Choice Home Tutoring:** Does your child need help to pass entrance exams to Grammar or Independent school? Focused tutoring in groups of no more than 5 children with experience tutors. Reserve your place now on 0161 434 7045 or 07527 377 502. Sats 10am–12noon.

## BABY & TODDLER

**"Little Stars" Parent and Toddler Group:** Stay and play sessions for toddlers, pre-schoolers and their families. Sessions include themed play, stories and creative activities. £1 per family, first session is free. Starting Fri 24<sup>th</sup> Feb 10.30am – 12noon, and every Friday thereafter.

**Interactive Singing and Music Fun Classes:** Free taster session on 29<sup>th</sup> Feb then following Weds, 11am – 12noon for baby group (3-18 mths), then 12noon – 1pm for Toddler session (18 mth plus). £5 per session or £4 if block booked. Please call Jo on 07723 347993 or visit [www.manchestermusicmakers.co.uk](http://www.manchestermusicmakers.co.uk)

## HEALTH & WELLBEING

**Health and Wellbeing Exercise Class** Thursday evenings 5.15-6.15pm from Feb 9<sup>th</sup>, £5 – guided exercise from Paul Brighthouse, personal trainer, for getting into shape for the summer. For more details call 07869 582 282.

**Thai Boxing:** Thai boxing classes every Tuesday 7.30pm – 8.30pm. No experience necessary.

**Self defence class:** Wednesdays 7pm – 8pm. For further details please email Gavin at [Bespokeselfdefence@gmail.co.uk](mailto:Bespokeselfdefence@gmail.co.uk).

**Iyenga Yoga:** Every Thursday 6.15pm - 7.30pm and Mondays 6.30pm – 7.30pm. No need to book just turn up. £5 / £3.50 concs

**Slimming World:** Every Monday 7pm-9pm 0844 897 8000 for more info.

**Meditation:** Every Thurs, 7.30–9pm, suggested donation £2.50 All Day workshop 11<sup>th</sup> Feb email [info@naturalmindnow.co.uk](mailto:info@naturalmindnow.co.uk)

**Weight Loss Challenge:** Tuesdays 10am – 11am. Short nutrition courses designed to give anyone the knowledge and support they need to achieve safe, long term weight loss. Contact Shamime Butt on 07867854778.

**Reiki Healing:** Call Inspire on 0161 850 5717 to book a spot. £5 per session to be paid in advance. Wednesdays 10am - 12pm.

## INSPIRE MULTIPLIER

The **Inspire Multiplier Fund** holds fortnightly panel meetings to decide on small grants/loans of up to £200 to help people set up new activities at Inspire. Call the Inspire office on 0161 850 5717 to book a slot.

The Inspire Centre is a new Community & Business Centre which is a venue for Community Activity, Creativity, Enterprise & Fun  
The activities taking place at Inspire have been arranged by other organisations or local residents.  
Call us on 0161 850 5717 to find out more, to organise your own event or to make a suggestion.